



The Arlington Advocate

SERVING THE RESIDENTS OF ARLINGTON SINCE 1872

RECYCLING ROUTE THIS WEEK

COMING EVENTS

■ Artist Susan Cohen will be showing drawings, prints, and watercolors at the Jefferson Cutter during the month of August. The works, created while Cohen was living in Arlington, include stylistic color saturated paintings of houses in Arlington. The original ink drawings from the Local Trees of Arlington line of greeting cards will be on exhibit, and greeting cards supporting Arlington tree planting will be on sale. An opening reception at the Cutter house is scheduled for Thursday evening, August 4, from 5 p.m. to 8 p.m. The community is welcome.

■ The Cornerstone Cohousing Group (formerly known as NWIS) invites those interested to attend introductory meetings to learn about our vision and meet the members of this group. The gatherings are on Aug., 2 and 12, from 6:30 to 9 p.m., at the Cohousing Center, 103 Morse St., Watertown, and on Aug., 21, from 5 to 8 p.m., at the Unitarian Church in Arlington. Call Elizabeth Locke at 643-2407 for information and reservations.

HEALTH

■ Visiting Nurse and Community Health will be sponsoring a free blood pressure screening clinic on Monday, Aug. 1, from 10 a.m. till noon at Walgreen's Pharmacy, 324 Mass. Ave., Arlington. For more information call Kathleen Weaver at 643-6090.

SPORTS



■ Tru Lang exhibits the fish caught at the recent Arlington Boys and Girls Club Fishing Contest. Forty youngsters took part in the annual activity held on the shores of Spy Pond. For more sports please see B-section. (Advocate Photo by Todd Magliozzi.)

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28 pages, 2 sections

Harte-Hanks Community Newspapers

GO EAST AND WEST



Margaret Moran (left) plays Vayla the housekeeper and Alice Curley plays Lara in the Arlington Children's Theater production of East of the Sun, West of the Moon. The play will be performed on Friday, July 29, at 7:30 p.m., and Saturday, July 30, at 1 and 7:30 p.m. at the First Baptist Church auditorium at 819 Mass. Ave.

ADVOCATE PHOTO BY BETHANY VERSOY

State seizes local auto business

By Ki Bassett
SPECIAL TO THE ADVOCATE

The state Department of Revenue last Wednesday seized Milla's Inc., an automotive sales company located at One Broadway, and closed the business, which owes more than \$119,000 in unpaid taxes to the Commonwealth.

Three Department of Revenue tax examiners, a state trooper and a locksmith entered and locked the premises at about 11:20 a.m. on July 20. The dealership owes more than \$41,000 in sales taxes and more than \$78,000 in corporate taxes.

Revenue Commissioner Mitchell Adams issued a statement that the Department of Revenue can not allow

Milla's reported to owe \$119,000

businesses to duck tax liabilities.

"Taxpayers should meet their obligations on time and in full," said Adams. "Seizing the assets of the business is a last resort for DOR, but it's sometimes necessary to resolve the debt owed to the Commonwealth."

Department of Revenue spokesman Jeffrey Busha said the state gave the business "as much leeway as possible."

"Our last option was seizing the assets," Busha said.

Owner Peter Massimilla could get his property back immediately if a pay-

ment schedule was agreed upon, but Busha said as of Advocate presstime on Wednesday the property had not been turned back over to the taxpayer.

An attempt to reach Massimilla's lawyer Leonard DePaola was unsuccessful Wednesday.

According to Commissioner Adams, the company will remain closed until final payment is made or until the taxpayer and DOR reach an agreement on a payment schedule. If the matter is not resolved, DOR is authorized to auction off the business' assets to settle the debt with the state.

In addition to owing the state, Milla's owes the town of Arlington more than \$87,000 in delinquent taxes and parking fines, Town Counsel John Maher said this week.

The Board of Selectmen extended the dealership's Class I auto dealer license in March on the condition that the business make \$3,000 monthly payments to the town, an amount that Town Council John Maher said would "begin to reduce their rather substantial liability."

But Maher said Massimilla has already missed at least one payment. If the payments are not brought up to date Maher said he will recommend to the Board at its Aug. 15 meeting that

AUTO DEALER, See page 14A.

Unusual charge: strangling a goose

By James Evans
SPECIAL TO THE ADVOCATE

A 39-year old Cambridge man was arrested Saturday at Spy Pond for wringing a goose's neck.

Witnesses reported that a man reached into the pond around 2 p.m., grabbed a large goose, and proceeded to strangle the bird, according to Acting Director of Police Services Eugene DelGaizo.

During the time he was strangling the goose the man said that he was going to eat the goose for dinner, witnesses told Arlington police.

After killing the goose, the man allegedly tried to flee the scene. Police said people at the scene restrained the man until police arrived.

The goose carcass was taken from the area by an animal control officer. DelGaizo said the goose was preserved for evidence.

The Cambridge man was charged with cruelty to animals, DelGaizo said. He said that a hearing has been set for 9:30 a.m. on Aug. 18 at Cambridge District Court.

DelGaizo said that if the Cambridge man is found guilty, he could receive a fine of \$1,000, or one year in prison, or both.

House full of troubles

Two charged in prostitution ring have history of domestic disputes

By Dave Denison
ADVOCATE STAFF WRITER

The two-story Colonial house at 92 Hemlock Street looks like an ordinary peaceful suburban dwelling.

But inside the home, police said last week, an Arlington couple worked as "masterminds" of an extensive and lucrative prostitution business.

Police arrested John DeFrancisco, 37, and Deborah DeFrancisco, 33, last Thursday and charged them with several prostitution-related offenses.

The DeFranciscos pleaded not guilty at an arraignment Friday at Cambridge District Court.

The arrests followed a four-month investigation led by Cambridge police and State Police. Officials said the Arlington home was used as the headquarters for a business called "Commonwealth Entertainment," which allegedly directed customers to prostitutes at area hotels. The Hemlock Street house was used only for the administrative side of the business, police said.

Eight people were arrested in the sting, including two who were charged with prostitution, and an Emerson College student who was allegedly helping with customer referrals.

John DeFrancisco was arrested in Medford and brought to the Arlington home, Acting Director of Police Services Eugene DelGaizo said this week. Deborah DeFrancisco was arrested at the Hemlock Street home.

DelGaizo said the Arlington force did not play a role in the investigation. An Arlington officer accompanied Cambridge and State Police detectives to the house where peaceful entry was made and a search conducted.

Police seized records they said showed a far-ranging operation.

DelGaizo said the Arlington police have been called to the DeFrancisco house several times in recent months on a different matter — domestic disputes.

HOUSE, See page 14A.



ADVOCATE PHOTO BY BETHANY VERSOY

The DeFrancisco house on Hemlock St.

Tech student is national skills champ

Anderson takes first place in Skill Olympics

By Ki Bassett
SPECIAL TO THE ADVOCATE

National champion Eric Anderson didn't earn his accolade speeding down a giant slalom race or landing all his triple jumps in an ice skating competition. No, this Olympian has mastered a different art, the art of auto body repair. And it wasn't in Barcelona or Albertville but in Kansas City, Missouri.

Anderson, an Arlington resident who this spring was a senior at Minuteman Regional Vocational Technical School, competed in the "U.S. Skill Olympics" competition in Collision Repair (Auto Body) in June. The contest is sponsored by the Vocational Industrial Clubs of America.

Planned by technical committees made up of representatives of labor and management, the olympics are designed to test the skills needed for a successful entry-level performance in a given occupational field.

After placing first in welding, plastic repair, frame and metal work, painting, and excelling on the written exam, Anderson walked away from this event with the national title.

But this lanky, six-foot teen-ager outfitted in a baseball cap, Dick's Auto Body t-shirt, jeans and speckled work boots modestly shrugs off his national champion status.

Anderson says he may have proven to the judges he is the top vocational student in the country, but perfecting the art of auto body repair will take years to master.



Eric Anderson

Even with his renown among corporations that specialize in fixing automobiles and the almost \$30,000 in prize earnings, Anderson hasn't let his new-found fame go to his head. (His earnings have included a trip to Las Vegas and a \$8,000 worth of Snap-On Tools.) Like anyone who has just been recognized as the best in their trade, Anderson relishes his victory, but he also quick to hand over the credit to his teachers at Minuteman Tech.

"I'm wicked happy I won a ton of prizes and trips," Anderson said. "It's excellent when I hear people tell me 'congratulations, we're real proud of you, you'll do fine out there.' I feel proud when people bring it up," said Anderson.

"My teachers were dedicated to meeting me on the weekends (to practice for the competition). They told me by my junior year I would

TECH STUDENT, See page 14A.



ADVOCATE PHOTO BY TODD MAGLIOZZI

HAPPY ANGLER

Ricky Sampson carries an 8-inch fish that he caught during the Boys and Girls Club fishing derby held last week. For more fishing photos, see the B-section.

ARLINGTON NEWS

The Arlington Advocate

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NEWS NOTES

Arena honored by National Kidney Foundation

The Arlington Board of Selectmen has presented a proclamation to George Arena of 38 Walnut St. in recognition of his work on behalf of the National Kidney Foundation. Arena is a long-time resident of Arlington, a member of the Board of Directors of the National Kidney Foundation and an organ transplant recipient.

During his appearance before the Board of selectmen, Arena stressed the importance of organ donation and encouraged people's willingness to be listed as an organ donor on their motor vehicle license.

The National Kidney Foundation telephone number is (800)542-4001.

Recycling Committee seeks members

The Arlington Recycling Committee is seeking new members and associate members. The nine-member volunteer committee works closely with the Public Works Department and others to enhance recycling efforts in town. If interested, send a resume or letter of interest to Mr. John Worden III, 27 Jason St., Arlington. For more information call Chairman Suzanne Lijek at 646-4667.

Facility takes used motor oil

Arlington residents who change their own motor oil can bring old or excess oil to the Arlington-Winchester waste oil facility for recycling on Saturdays from 9 a.m. to 1 p.m.

The waste oil facility is located at the Winchester Transfer Station off McKay Street. Individuals may drop off up to 5 gallons of waste motor oil. A tag with name and address may be required.

Fire deaths are at record low

The Office of the State Fire Marshal recently reported that in 1993, fire deaths were at a record low in Massachusetts. According to the report, Massachusetts fire deaths dropped 19 percent from the 84 civilians and one firefighter who died in 1992. Of the 69 civilians who lost their lives in 1993, 35 were men, 24 were women and 10 were children under the age of 18. The report also noted that the elderly were at the greatest risk of dying in fires and that people over 85 had a risk of almost five times greater than the general population. The report continued that 28 percent of the fire deaths in Massachusetts were caused by smoking and 94 percent of the structure fire deaths occurred in people's homes. Although the 69 fire deaths represents a record low, the State Fire Marshal office predicts that this trend will not continue in 1994.

Host families sought for exchange students

American Host families are being sought for high school students from Western and Eastern Europe, Asia, South America, Australia, and the former Soviet Union for the 1994-95 school year in a program sponsored by

the American Intercultural Student Exchange (AISE).

These students, ages 15 through 18, will arrive in the United States in August, attend a local high school and return to their home countries in June of 1995. The students, all fluent in English, have been carefully screened by the local representatives in their home countries and have their own medical insurance and spending money.

AISE's main focus is teaching young people about the importance of the acceptance of other cultures.

Call (800)-SIBLING for a free brochure.

Vista looking for former volunteers

Volunteers in Service to America (VISTA) is trying to contact former VISTA volunteers for participation in events marking the program's 30th anniversary and its new role as a pillar of President Clinton's national service program, AmeriCorps.

VISTA does not have current addresses for many of the 100,000 Americans who served in the program, and we want to involve them in local, regional, and national events commemorating three decades of VISTA service. VISTA also hopes to offer its alumni opportunities to get involved in current service projects and support volunteer recruitment efforts.

On Oct. 1, 1993, VISTA officially became part of the President's national service initiative. The VISTA program was signed into law in August 1964, and the first VISTA Volunteers entered service in January 1965. Currently about 3,700 VISTA volunteers serve at more than 800 local projects in low-income communities across the country.

Readers knowing others who served in VISTA are asked to pass the word that VISTA needs their skills and energy once again. Former VISTA volunteers are urged to write VISTA, Washington, D.C. 20525, or call: 1-800-424-8867.

Food stamps help in tough times

For those out of work or for those

Meetings

Thursday, July 28

The Historic District Commissions will hold the monthly meeting at 8 p.m. at the Jefferson Cutter House.

Tuesday, August 9

The Human Rights Commission is scheduled to meet at 8 p.m. at the Senior Center.

Monday, August 15

The Board of Selectmen is scheduled to meet at 7:15 p.m. at the second floor meeting room at town hall.

who are working but can't make ends meet, food stamps can help. Many people who would qualify for food stamps neglect to apply. To find out about food stamps, call (800) 645-8333.

Victims have the right to register

If you are a victim of domestic violence, rape, assault or any violent crime, a witness in a case or the relative of a murder victim, and the criminal was convicted and sentenced to a Massachusetts state prison and is still incarcerated, you have the right to be registered with the Criminal History Systems Board to be notified of the prisoner's escape, release, parole or commutation.

To register, call The Joey Fournier Services at (800)533-JOEY. All calls are confidential.

CLUB NEWS



Retired Men's Club meets twice monthly

Regular meetings of the Retired Men's Club of Arlington are held on the second and fourth Wednesday of each month. Coffee and doughnuts are available before the meeting, which starts at 10 a.m. New members are always welcome. Dues are \$6 per year.

Upcoming overnight trips are: Wildwood New Jersey: Sept. 26-30. Four nights at the Bal Harbor Hotel. Price per person for double or triple is \$249.

Festival Italiano: Oct. 26-28. Seacrest Resort. Seven meals and six shows. Price is \$265 double or triple.

Showboat Hotel Casino: Dec. 12-15. Price is \$219 per person double, \$215 per person triple.

For information contact John Sacca, 396-0261. Non-members are welcome.

LIBRARY NEWS



Reading goals are on roller coaster

Momentum is building at the Robbins Library's "Ticket to Read" Summer Reading Program. The Children's Room is decorated with a roller coaster track that goes all around the room, past a carousel and a ghost house. On the track are thousands of paper "coaster cars" and "carousel horses" that represent the time spent reading by participants.

Some boys and girls have already completed more than 17 hours of reading marked on a "Ticket to Read" chart designed like an amusement park map. They each have received a certificate signed by Governor Weld. Anyone who finishes a chart (there are 4 different ones for those who love to read!) will have their name put in for a drawing for prizes. All participants have the opportunity to pick out "lucky coaster cars" and win small prizes as they mark their reading progress.

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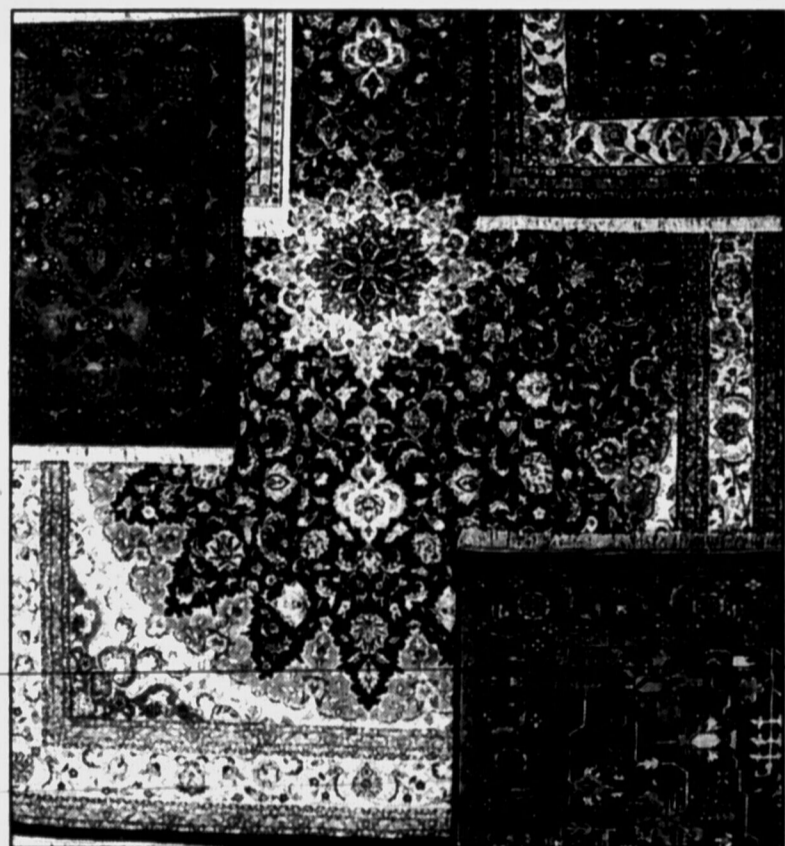
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ARLINGTON NEWS

Opinions voiced on sale of Scout House

By KI Basset
SPECIAL TO THE ADVOCATE

In a stifling-hot Town Hall hearing room Tuesday night, dozens of scout masters, boy scouts, den mothers, and Boy Scout organization officials turned out to voice their opinions on whether local scouting property ought to be put up for sale.

Angry Arlington scout masters questioned why the Scout House on Prescott Street that has served as a boy scout meeting spot for the last 35 years is one of the properties being considered for sale by the Boston Council.

A proposal from the local Thompson Fund Committee asks that ownership of the Scout House be turned over to the committee.

"The Thompson Fund has covered all of the Scout House's utility bills, water bills and maintenance. The House poses no expense to the Council. Why are we part of a project to be listed to be sold when we are self-sufficient?" asked Matt Ferraro, of the Thompson Fund Committee.

According to a Facilities Study Report conducted by Richard DeWolfe of DeWolfe real estate and members of the Boston Minuteman Council, the Scout House is one of four properties that is being considered for sale, to be leased or otherwise disposed of.

The report determined that in order to "optimize council facilities, camps, buildings, program resource centers and non-camp property," and to pay off a \$350,000 debt, property including the Arlington Scout House should either be sold or leased.

The other three properties that the Boston Minuteman Council is considering putting up for sale include Camp Acton in Acton, Mass., a Minuteman Council service building in Stoneham and a Boy Scout camp in Nehoidan, Mass.

Gene Cancelliere, one of the seven caretakers for the Scout House and a member of the Thompson Fund Committee, said this meeting spot has been an integral part of Arlington's history for the last 35 years. Losing it would be devastating for the local scouting, he said.

In 1917 the Prescott family turned the Scout House over to the Town of Arlington. But in September 1993 when Arlington's Minuteman Council, which oversaw approximately 30 troops, merged with the Boston Council, the Boston Council assumed responsibility for the property.

Cancelliere told the Advocate that the merger occurred because the Minuteman Council didn't have the capital needed to sustain the well-being of the troops, while Boston had the money, but lacked in the number of scouts enrolled. With the merger, Boston Council not only received jurisdiction over the geographical areas they were assigned to but a quarter of a million debt that the Minuteman Council had incurred.

Cancelliere said that in order for the Boston Council to pay off this debt, they plan to put the Scout House up for sale.

"When they sell property the money goes into the Council to pay Councilor salaries and overhead — not a dime comes back to the boys in the troops. What they don't raise through private donations, they'll make through selling property," he said.

Cancelliere added that the Boston Council has a history of selling property to pay off debts. He noted that Camp Sachem in Hamstead, New Hampshire, which offered campers cabins, a mess hall and a body of water for sport activities was recently sold for approximately \$500,000.

"In order to recover the bad investments and losses of the Minuteman Council, they had to sell off property. If the Scout House is one of those properties, we'll take them to court to save the property that was (originally) left to the Arlington kids."

Yet when Bob Myers, the Planned Giving Director for the Boston Minuteman Council was asked if they plan to put the Scout House on the market, he categorically denied that this was the case.

"We are exploring what to do with that building that is presently an asset of the council. We've always managed this building and paid its bills from our

SCOUT HOUSE, See page 14A.



Boy Scout Troop #368 of Arlington visited the nation's capitol in May and posed for a photo with Congressman Ed Markey. Troop leader Frank Pope accompanied the boy scouts on the trip.

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Arlington 646-3420

David Khoury, MD
22 Mill Street, Suite 207
Arlington 646-0277

Maureen Norman, DO
22 Mill Street, Suite 309
Arlington 646-4220

Robert Busiek, MD
777 Concord Avenue
Cambridge 661-0314

Rodrigo Tirado, MD
777 Concord Avenue
Cambridge 661-7400

Edward Kowaloff, MD
Catharine Mintzer, MD
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Stephen Ranere, MD
Donald Shushan, MD
Callie Taffe, MD
777 Concord Avenue
Cambridge 864-8822

Eric Guardino, MD
16 Clarke Street
Lexington 862-6053

Internal Medicine

George Hewitt, MD
16 Clarke Street
Lexington 862-6090

Gastroenterology

Michael Foley, MD
22 Mill Street
Arlington 648-3000

OBSTETRICS/GYNECOLOGY

Gynecology

Anthony DiSciullo, MD
22 Mill Street, Suite 204
Arlington 648-1122

Obstetrics/Gynecology

Cheryl Hamlin, MD
Beth Hardiman, MD
22 Mill Street, Suite 204
Arlington 646-1043

Obstetrics/Gynecology/Midwifery

Maureen Cook, MD
Gary Goldsmith, MD
Arthur Spector, MD
Phyllis Gorman, CNM
114 Waltham Street
Lexington 862-1404

SURGERY

General Surgery

Marvin Corlette, MD
366 Massachusetts Avenue
Suite 101
Arlington 648-8411

General Surgery

Paul Friedman, MD
22 Mill Street
Arlington 646-8130

General and Vascular Surgery

William Flynn, MD
22 Mill Street, Suite 301
Arlington 643-6313

Horst Filtzer, MD
Chris Holmblad, MD
Susan Pories, MD
366 Massachusetts Avenue
Suite 101
Arlington 648-0525

Hand Surgery

Donald McKay, MD
22 Mill Street, Suite 302
Arlington 646-7730

Hand and Orthopedic Surgery

Alan Ertel, MD
22 Mill Street, Suite 302
Arlington 661-1998

Orthopedic Surgery

John Chaglassian, MD
1021 Massachusetts Avenue
Arlington 643-6437

James Gibbons, Jr., MD
22 Mill Street
Arlington 864-1924

William Mulroy, MD
300 Mount Auburn Street
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EDUCATION

ABOUT ARLINGTON PEOPLE



Tassone elected to nursing honor society

Deborah H. Tassone of Arlington has been elected to Northeastern University's Gamma Epsilon chapter of the Sigma Theta Tau International Honor Society of Nursing.

Membership is awarded to bachelor's, master's and doctoral nursing candidates who achieve high scholastic averages, and to graduates of college programs who achieve excellence in nursing leadership roles.

The honor society is committed to improving the health of the public by advancing nursing science. Sigma Theta Tau sponsors nursing research, produces various publications, and hosts scholarly programs at the international, national, regional and local level.

Ramdin receives award at Northeastern

Larry A. Ramdin of Woodbury Street in Arlington received the Award for Academic Excellence in Health Science from University College, Northeastern University's part-time undergraduate division. The award was presented by assistant dean Paula

Vosburgh, director, Health Science Programs.

Ramdin graduated from Northeastern this June with a bachelor of science degree in health science. A member of the Golden Key Honor Society and the first of his family to graduate from college, Ramdin plans to continue his education with a master's degree in public health.

Employed at the New England Deaconess Hospital as an account collection specialist, Ramdin lives in Arlington with his wife and son.

Albertelli earns degree at Tufts Med School

Sara Jane Albertelli, daughter of Lawrence and Gloria Albertelli of Osceola Path, received her doctor of medicine degree from Tufts University School of Medicine in May. Albertelli is a 1986 graduate of Arlington Catholic High School. In 1990, she graduated from Tufts University, School of Engineering, summa cum laude. She was a member of Tau Beta Pi, the national engineering honor society. She is presently interning at Malden Hospital for the transitional year in internal medicine. She will then pursue her residency in physical medicine and rehabilitation in the Harvard Program at Spaulding Rehabilitation Hospital.

Michaud earns honors from Clark University

Catherine P. Michaud of Arlington has been named to second honors on the Clark University dean's list. This

marks outstanding academic achievement during the 1994 spring semester.

Gould receives personal best award

Valerie Gould, a student at Arlington High School, was honored along with young people from throughout the New England area recently in the Annual Personal Best Awards Ceremony sponsored by the Law Offices of James Sokolove & Associates. The annual awards presentation was held on June 29 at the Royal Plaza Hotel Grand Ballroom in Marlborough. Gould was nominated for this recognition by high school teacher Elinor Freedman.

Arlington students earn honors at B.C. High

Among the Arlington students who earned academic honors for the fourth quarter at Boston College High School were:

High honors:
Class of '96 — Kevin Spinale, son of Mr. and Mrs. James Spinale of Hillsdale Road.

Class of '97 — James Ryan Fagan, son of Mr. and Mrs. James Fagan of Gray St.

Honors:
Class of '95 — Geoffrey O. Sprague, son of Mr. and Mrs. Stephen Sprague of Coolidge Road.
Class of '96 — Matthew A. Keating, son of Mr. and Mrs. John W. Keating of Highland Avenue.



Valerie Gould (left) a 16-year-old Arlington High School student and her sister Audrey wore creative hats to the Sokolove Personal Best Awards ceremony June 29. Valerie was recognized for keeping a positive outlook through a kidney transplant and a death in the family. The awards, sponsored by a Boston law firm, recognized achievements by young people with disabilities.

Fox makes dean's list at Catholic University

Christopher A. Fox of Arlington has received dean's list honors for academic achievement at The Catholic University of America during the spring semester.

A sophomore majoring in architecture, he is the son of Robert S. and Mary L. Fox, and a graduate of Arlington High School.

Marino graduates at institute of technology

Vincent M. Marino Jr. of Sylvia Street in Arlington has graduated from New England Institute of Technology.

Founded in 1940, New England Institute of Technology offers associate degree programs in 16 technical areas including: administrative medical assistant, applied technical studies, automotive/auto body, automotive/marine mechanics technology, building construction/cabinetmaking, computer programming, computerized office technology, architectural drafting, electro-mechanical drafting, electrical, electronics, interior design technology, marine technology, plumbing and heating, refrigeration/air conditioning and heating, and video and radio production technology.

Associate degree graduates from New England Institute of Technology earn full transfer credit toward a bachelor's degree at New England Techni-

cal College in business management, computer programming, electronics engineering, manufacturing and product design technology, or telecommunications technology.

Arlington residents named to dean's list at B.U.

Four Arlington residents have recently been named to the dean's list at Boston University for the spring semester. Students recognized for this honor include: David L. Furman, Tessa Lavender, Cristina M. Serpa and Donna W. Silva.

Krim awarded for academic excellence

Eben Krim, son of Ellen Kelley of Arlington and Aurun Krim of Cambridge, is a recipient of the dean's award for academic excellence during the spring semester at Colgate University where he is a member of the class of '96. He is presently studying at the University of New South Wales in Australia.

A 1992 graduate of Lexington High School, Krim is concentrating in psychology/philosophy at Colgate.

PEOPLE, See page 5A.

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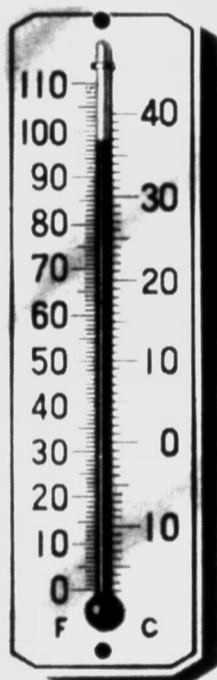
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EDUCATION

PEOPLE, From page 4A.

Brown receives medical degree at UMass

Linda Farnsworth Brown received a doctor of medicine degree from the UMass Medical School on June 5. She is the daughter of Herb and Jean Farnsworth of Overlook Road.

Brown was graduated from Arlington High School in 1984 and completed her undergraduate education in 1988 at Dartmouth College in Hanover, N.H.

Following graduation from UMass Medical School, Brown will serve her residency in Family Practice in Bryn Mawr Hospital, Bryn Mawr, Pa.

Perneta graduates at Carnegie Mellon

Tracie Anne Iris Perneta was among the 1,900 graduates who received degrees at Carnegie Mellon University's 97th commencement on May 15. Perneta received a bachelor of arts degree in creative writing in humanities and social sciences.

Local residents graduate from Bentley

At Bentley's 75th commencement in May, 995 undergraduates received their degrees. Accountancy majors numbered 231, while 179 received degrees in marketing, 162 in management and 160 in finance. Other majors included business communication, business economics, computer information systems, economics-finance, liberal arts, English and mathematics. Among

the graduates were the following Arlington residents:

Jaime Bartolome of Thorndike Street graduated with a bachelor of science degree in accountancy; **Jennifer J. Bina** of Lanark Road graduated with a bachelor of science degree in accountancy; **Kristin Marie Chase** of Newport Street graduated cum laude with a bachelor of arts degree in liberal arts; **Fred Cornetta** of Regis Road graduated with a bachelor of science degree in accountancy; **James J. Doughty** of Sunset Road graduated with a bachelor of science degree in management; **Brandon P. Gormley** of Ottawa Road graduated with a bachelor of science degree in finance; **Kent W. Hilton** of Lakehill Avenue graduated with a bachelor of science degree in computer information systems; **Arsineh Khachikian** of Chatham Street graduated with a bachelor of science degree in management; **Papken Maksoudian** of Winter Street graduated with a bachelor of arts degree; **Mark Menkelo** of Renfrew Street graduated with a bachelor of science degree in accountancy; **Maria Politano** of Teel Street graduated cum laude with a bachelor of science degree in accountancy.

Bentley names dean's list students

Bentley College undergraduate Dean H. Lee Schlorff has announced the names of students named to the dean's list for outstanding academic achievement in the spring semester. The following Arlington students were named:

Joseph Bulens, who is pursuing a bachelor of science degree in econom-

ics and is a sophomore; **Kristin Marie Chase**, who is pursuing a bachelor of arts/master of business administration degrees in liberal arts and is a senior; **Stephen Milano**, who is pursuing a bachelor of science degree in computer information systems and is a junior; **Richard Pacheco**, who is pursuing a bachelor of science degree in management and is a sophomore; **Maria Politano**, who is pursuing a bachelor of science degree in accountancy and is a senior; **Lisa Rankin**, who is pursuing a bachelor of science degree in finance and is a freshman.

The following Arlington students were named to the president's list for extraordinary academic achievement in the spring semester:

Diane Curry, who is pursuing a bachelor of science degree in accountancy and is a sophomore; **Shelagh Hayes**, who is pursuing a bachelor of science degree in marketing and is a sophomore; and **Jean Stevens**, who is pursuing a bachelor of science degree in marketing and is a junior.

Muldoon, Sullivan earn degrees at Bates

Catherine L. Muldoon, daughter of Robert and Barbara Muldoon of Hillsdale Road, recently received a bachelor of arts degree, cum laude, at the 128th Bates College commencement.

A classical and medieval studies major, and a dean's list student, Muldoon was elected to Phi Beta Kappa, the nation's oldest and most prestigious academic honor society. She participated in the Junior Semester Abroad program, studying in Italy. She is a graduate of Newton Country Day School.

Matthew P. Sullivan, son of Joanne

Sullivan of Mott Street, Arlington, received a bachelor of science degree at commencement.

A physics major, he was a member of the physics society and the Deansmen, a men's capella vocal group, serving as president. He was a disc jockey for WRBC, the college's student-operated radio station.

Zois on dean's list at Bunker Hill

Anastasio Zois of Arlington was named to the dean's list for the spring semester at Bunker Hill Community College (BHCC) in Boston.

The announcement was made by Janet M. Sortor, assistant dean of academic and student affairs.

To attain the dean's list, a student must be attending college full time, complete a minimum of 12 credits and maintain a grade point average of 3.0 or better, with no grade lower than a C.

Hanley, Paine receive Dartmouth degrees

Jennifer Hanley and **Jonathan Paine** of Arlington were one of more than 1,000 undergraduates to receive a bachelor of arts degree during commencement exercises at Dartmouth College on June 12.

Hanley, the daughter of Joan and John Hanley, majored in sociology. Paine, the son of Patricia and John Paine, majored in French and will receive a teaching certificate.

Middlesex College posts dean's list

Among the students named to the Middlesex College dean's list for the spring '94 semester were the following Arlington residents:

Teresa L. Buckley, **Nancy Jean Daley**, **Michael J. Fasanello**, **Tara M. Gormley**, **Kathleen J. Irwin**, **W. Samuel McCloskey**, **Daniel J. Mederos**, **Derek E. Morgan**, **Noreen Sirois Savage** and **Lisa Sweeney**.

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ARLINGTON NEWS

POLICE LOG

ARRESTS

■ At 11:30 p.m. on Monday, July 18, police arrested a 29-year-old Broadway man on an outstanding warrant charging him with not paying \$375 in court fines.

■ A 21-year-old Fremont Court man was arrested by police Tuesday, July 19 at 2 a.m. and charged with disturbing the peace. When officers arrived at the above address, the man was reportedly waving a broom over his head and yelling racial slurs, police reported. The Fremont Court man was arrested at that time.

■ A 39-year-old Arlington woman was arrested by the Marlborough police Wednesday, July 20 on an outstanding warrant from 1993 charging her with stealing property.

■ At 2:20 p.m. on Tuesday, July 19, a 19-year-old Waltham man was arrested at the corner of Mill and Baron streets by police and charged with stealing, altering and forging license stickers, operating a stolen and uninsured motor vehicle and operating the motor vehicle with a revoked license, police reported. When the Waltham man was pulled

over, he reportedly handed the police a New Hampshire license which was not valid. Police then discovered the other alleged violations.

■ Police arrested a 21-year-old Charlestown woman on Friday, July 22 at 4:45 p.m. and charged her with operating a motor vehicle with a suspended license, speeding and on a default warrant for failing to pay fines to Harvard University.

■ At 12:50 a.m. on Saturday, July 23, police arrested a 28-year-old Charlestown man on an outstanding warrant charging him with larceny by check. He was arrested on Mass. Ave., police said.

■ Police arrested a 23-year-old Cambridge man on Saturday, July 23 at 7:25 p.m. on an outstanding warrant charging him larceny by check and a second default warrant for the same charge.

■ A 26-year-old Somerville man was arrested by police on Monday, July 25 at 12:15 p.m. on an outstanding warrant charging him with breaking and entering at night and open and gross lewdness, police reported.

■ A 30-year-old Hampstead, N.H. man was arrested by police on Saturday, July 23 at 1 a.m. and charged with assault and battery. Police responded to a domestic violence disturbance at a Henderson Street address where the victim reportedly told police that she wanted the man removed from her property. Police reported that he had

been living with the victim and was drinking that evening. The victim allegedly had been hit in the eye.

VANDALISM

■ Three windows were broken at a North Union address on Saturday, July 23 at 9:40 p.m. Police report that there were several youths in the area.

LARCENIES & BREAK-INS

■ A Ross mountain bike worth approximately \$650 was stolen from a Broadway address on Monday, July 18 between 10 and 11 p.m.

■ A Ross mountain bike worth approximately \$299 was stolen from a Park Avenue address on Wednesday, July 20 at 11 p.m.

MISCELLANEOUS

■ A 27-year-old Arlington woman reportedly ran two red lights, one on Varnum Street and the other on Lake Street Saturday, July 23 around 8:50 p.m. When police pulled her over, they

discovered she was operating the motor vehicle with a suspended license, police report.

■ A 39-year-old Arlington woman apparently attempted suicide by cutting her throat with a kitchen knife last week. She was admitted to Mass General Hospital, police report.

■ Police issued a warrant for the arrest of a 45-year-old Charlestown man on Saturday, July 23 for failing to appear in court, driving under the influence of alcohol and property damage, police report.

■ A male in his mid-twenties with blond hair and wearing blue shorts allegedly exposed himself to a woman under the bridge at Thorndike Field on Friday, July 22 at 9:30 p.m.

NEWS NOTES

Childfinder decals available at Dept.

The Arlington Fire Department has announced that Childfinders decals will be available at the fire prevention offices located at 112 Mystic Street on the second floor. The decals are placed in the window of a child's bedroom, alerting firefighters who are responding to an emergency that a child is sleeping there.

The Fire Department will also be making rescue alert stickers available. Rescue alert stickers serve a similar purpose. They should be placed on apartment doors or windows where an elderly or disabled person lives.

In addition, fire safety literature for seniors as well as fire safety tapes for children can be picked up at the fire department. These tapes help teach children to dial 646-1000 ext. 5056 and to ask for Captain Clyde Coscia in case of a fire emergency.

FIRE REPORT

■ Medical emergencies at the following locations were responded to by firefighters on Sunday, July 17: in the 200 block of Mass. Ave. at 3:16 p.m., a Thorndike Field address at 5:36 p.m., a Mystic Street address at 6:10 p.m., a Wollaston Avenue address at 6:29 p.m. and at the Thompson School at 7:44 p.m.

■ Fire officials conducted investigations at the following locations on July 17: at a Walnut Street address at 4:11 p.m., a Hamilton Road address at 5:18 p.m., and in the 900 block of Mass. Ave. at 7:23 p.m.

■ A fire alarm at the following location was responded to by firefighters on July 17: at a Medford Street address at 5:44 p.m.

■ Medical emergencies at the following locations were responded to by firefighters on Monday, July 18: at a Ridge Street address at 9:27 a.m., a Foster Street address at 12:56 p.m. and a Pleasant Street address at 9:30 p.m.

■ Fire officials conducted investigations at the following locations on Monday, July 18: in the 300 block of Mass. Ave. at 9:05 a.m. and at a Broadway address at 3:44 p.m. A fire alarm at the following location was responded to by firefighters on July 18: at Symmes Hospital at 7:24 p.m.

■ Medical emergencies at the following locations were responded to by firefighters on Tuesday, July 19: a Nicod Street address at 10:35 a.m., a Bonad Road address at 11:07 p.m., the Winslow Towers at 2:38 p.m. and a Wall Street address at 11:12 p.m.

■ Fire officials conducted an investigation on July 19 in the 600 block of Mass. Ave.

■ On Wednesday, July 20, firefighters responded to two outside fires at the following locations: at the corner of Mass. Ave. and Forest Street at 12 a.m. and a Linwood Street address at 11:09 a.m.

■ Fire officials conducted an investigation at the following location on July 20: at the corner of Pleasant and Wellington streets at 11:22 p.m.

■ On July 20, fire officials responded to a death at a Winslow Street apartment address at 11:52 a.m.

■ A fire alarm at the following location was responded to by firefighters on July 20: in the 1300 block of Mass. Ave. at 2:38 a.m.

■ Medical emergencies at the following locations were responded to by firefighters on Thursday, July 21: at a Mystic Street address at 8:25 a.m. and a Winslow Street address at 2:17 a.m.

■ A fire alarm at the following location was responded to by fire officials on July 21: in the 800 block of Mass. Ave. at 8:35 a.m.

■ Fire officials conducted investigations at the following locations on July 21: at a Gardner Street address at 11:12 a.m. and at 11:25 a.m. and in the 800 block of Mass. Ave. at 10:08 p.m.

■ Fire officials conducted investigations at the following locations on Friday, July 22: in the 400 block of Mass. Ave. at 2:40 a.m., a Wellesley Road address at 7:48 a.m., a Hamilton Road address at 11:14 p.m. and at Mirak's at 5:14 p.m.

■ A medical emergency at the following location was responded to by firefighters on July 22: at an Old Colony Lane address at 5:26 a.m.

■ A fire alarm at the following location was responded to by firefighters on July 22: at a Colonial Village Drive address at 11:09 a.m.

■ Fire alarms at the following locations were responded to by firefighters on Saturday, July 23: in the 400 block of Mass. Ave. at 6:06 a.m., at Symmes Hospital at 7:27, 9:22 and again at 11:23 a.m.

■ Fire officials conducted investigations at the following locations on July 23: in the 200 block of Mass. Ave. at 9:05 p.m. and a Bay State Road address at 9:54 p.m.

■ A medical emergency at the following location was responded to by firefighters on July 23: at the corner of Mass. Ave. and Quincy Street at 7:35 a.m.

■ On July 23, fire officials responded to a wire that had fallen down at a Christine Road address at 3:38 p.m.

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It's our 24th Annual Safety Town Class... a single 1 hour class held in a child-sized town, where children are taught proper pedestrian, traffic and bus safety.

It's open to all area children who will enter kindergarten or first grade this September. **Classes are at 10am and 11am** near Sears Auto Center. Parents wishing to register their children should call the Mall Office at 272-8667, Monday through Friday, 9am to 5pm. **Classes are limited** so register early. This event is sponsored in conjunction with the Burlington Police Department and Brigham's.

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SENIOR NEWS

ARLINGTON SENIORS ASSOCIATION

Weekly programs
Sponsored by the Arlington Seniors Association, these programs are offered every week at the Senior Center. To join a class or group, call 646-1000, Ext. 4740 or 4743.

Monday, 9:30 to 10:30 a.m., exercise; 1 to 4 p.m., contract bridge.

Tuesday, 9 to 10 a.m., beginning line dancing; 10 to 11:15 a.m., intermediate line dancing.

Wednesday, 9:30 to 10:30 a.m., exercise; 10 a.m. to noon, informal knitting; 1 to 4 p.m., contract bridge; 1 to 3 p.m., beano.

Thursday, 9 to 11 a.m., square dance lessons; 10 a.m. to noon, senior forum; 1:15 to 2:30 p.m., line dance class.

Friday, 9 to 10:30 a.m., yoga; 1 to 4 p.m., contract bridge or other games and pool lessons.

Cribbage

Cribbage instructions are available on Mondays, at 1 p.m. Free.

Sing along

Sing along cancelled until September.

Whist Party

Whist Party will be canceled during June, July and August.

Bridge

Progressive bridge at the Senior Center, Mondays, at 1 p.m. Admission is \$1. Prizes will be awarded.

Family Issues

Dr. Eva Balazs, licensed family therapist invites you to attend the meeting of Family Issues, a discussion group sponsored by the Senior Association of Arlington.

The purpose of this program is a forum where members can examine a number of topics in a caring, supportive environment in total confidentiality.

Sponsored by the Arlington Senior Association, the meetings are free of charge and are open to the residents of Arlington. They are held continuously on Tuesday mornings on the first floor of the Senior Center, 27 Maple St.

Dues Reminder

To continue receiving the Arlington

Seniors Association monthly newsletter it is necessary to renew the July 1 to June 30, 1995 membership by Sept. 30.

Overnight trips

July 31 to Aug. 1: Tanglewood. Cost is \$199 double occupancy. Overnight at Williams Inn, two meals, reserved shed seating at Tanglewood and admission to Norman Rockwell Museum. Final payment due June 30.

Aug. 12 to 15: Ottawa and the Thousand Island Region. Four days. Cost is \$299 double occupancy, \$389 single; \$289 triple. Six meals, escorted sight-seeing tour of Ottawa and cruise of 1000 Islands. Full payment due July 12.

Nov. 26 to 27: Beacon Christmas Party. Cost is \$125 double occupancy for two days, one night with three meals, live entertainment and a visit from Santa.

For more information, call Betty at 643-6143.

ARLINGTON COUNCIL ON AGING

SHINE

Wednesdays 10 a.m. to 4 p.m. — COA Health benefits counselors will be at the Council on Aging on Wednesday from 10 a.m., to 4 p.m., to provide free confidential assistance with questions on Medicare, Medex, Health Maintenance Organizations, insurance claims forms, prescription drugs, etc. To make an appointment call 646-1000 Ext. 4720. If, for any reason, you are unable to keep your appointment with SHINE, a call letting us know would be appreciated.

This program is coordinated by the Executive Office of Elder Affairs at the Statehouse in Boston.

Project Hire

If you are in need of a companion, homemaker or health aide and you live in Arlington or Lexington, contact June Brooks, Project Hire at COA. Call 646-1000 Ext. 4720 Monday through Thursday, 9 a.m. to 2 p.m., 27 Maple Street.

Social Services Notes

If certain personal problems have you or a member of your family trou-

bled, don't keep them to yourself. Our Outreach worker, Mrs. Diane Tainter, a licensed social worker, can help you with short-term counseling, nursing and retirement information. Call Diane Tainter at 646-1000, Ext. 4720.

Eating Together Meal Site

Senior Center Luncheon Site, 27 Maple St. Call site manager, 646-1000 Ext. 4747 for reservations and transportation. Drake Village Site, Hauser Bldg., 37 Drake Village Road: Call the site manager at 648-7500 for reservations and transportation. Reservations are necessary. Menus may change without notice. Monday, Aug. 1, liver and onions; Tuesday, Aug. 2, turkey tetrazzini/peas; Wednesday, Aug. 3, cold roast beef plate; Thursday, Aug. 4, bbq chicken leg; Friday, Aug. 5, meatball stroganoff/ice.

TDD/TTY phone number

The COA has a TDD phone for the hearing impaired. Call 648-8130.

Volunteers

Volunteers are needed to drive for the Meals-on-wheels program in Arlington. Pick your own day. Hours are 11 a.m. to 12:30 p.m. For more information call Lynne at 646-1000, Ext. 4720.

Blood pressure screening

The weekly blood pressure screening will be held at the COA on Thursday, Aug. 4, from 1 to 2:30 p.m. Nurses will check blood pressure and provide counseling for health problems and issues.

Podiatry Clinic

There will be no Podiatry Clinic for the month of August. The clinic will resume in September. Watch newsletter and The Advocate for date and time.

Alzheimer's support group

Family and friends who have a loved one with Alzheimer's Disease or a related disorder are encouraged to attend the support group at St. Eulalia's Church, 20 Ridge St., Winchester, Garage Room, on Aug. 9.

Dial-a-ride and coupons

Dial-a-Ride cards and coupons are available at the COA, Monday through Friday, 10 a.m. to 2 p.m. If you are unable to come in, please mail a check along with your name, address, telephone number, I.D. number (if available) and a stamped self-addressed envelope to COA.

Coupons come in books of five, ten or more (in increments of five). A book of five coupons is \$6.25, a book of 10 is \$12.50. These coupons will be good for the 1994 Dial-A-Ride season.

For more information please call the COA at 646-1000, Ext. 4724.

Help with spring chores

Thanks to sponsorship from W.R. Grace Co. the LINKS program Linking Neighborhood Kids with Senior Citizens will be able to continue again this year. Yard clean-up, pet care (such as walking or grooming), marketing or other errands are some of the services provided by the students. Students are encouraged to work in pairs at a rate of \$3 to \$4 per hour. Seniors interested in requesting services should contact June Brooks at the Council, Monday through Thursday, 9 a.m. to 2 p.m., 646-1000, Ext. 4720. We will pass the request to the school coordinator, Dennis Mercurio, who will match seniors with students if they are available.

Bill-Payer volunteers needed

Minuteman Home Care offers a Money Management Assistance Program to

help senior citizens write checks and balance checkbooks. Call 272-7177 and ask for Cathy Papazian or Evelyn Higley.

Food Stamps

Call the COA at 646-1000, Ext. 4720 or stop in for some easy to read information about food stamps for the elderly to find out more about food stamps and learn if you may be eligible to receive them.

Also, call Project Bread's free Food Stamp Information Line at 1-800-645-8333, Monday through Friday, from 9 a.m. to 5 p.m. for a confidential food stamp eligibility screening.

Spare Time?

The Arlington COA needs you. We currently have volunteer openings in our Friendly Visitor Program.

"Friendly Visitors" visit homebound elders once a week for a minimum of

one hour to provide companionship.

Monthly group meetings and individual meetings are held to provide guidance and information that may be helpful to you. Call Lynne at 646-1000, Ext. 4734 for more information.

Call today to find out just how much Bonds can do for you



1-800-US-BONDS

Norton Beverage

Win Red Sox Front Row Box Seats Next Drawing Sat. July 30

Bud Light 30 Pack cans \$14⁹⁹	Gallo 3.0 Liter \$5⁹⁹	J & B 1.75 Liter \$25⁹⁹
Life 13 ⁹⁹ - 3 ⁰⁰ MIR 16 oz. suitcase \$10⁹⁹	V.O. 16 ⁹⁹ - 4 ⁰⁰ MIR 1.75 Liter \$12⁹⁹	Franzia Bag in a Box 8 ⁹⁹ - 2 ⁰⁰ MIR 5.0 Liter \$6⁹⁹
Korbel Champagne 750 ml \$8⁹⁹	Pete's Wicked Ale & Lager 2-12 pk Bottles \$19⁹⁹	Gilbey's Vodka 1.75 Liter \$10⁹⁹
Busch Reg & Light 2-12 Pack cans \$10⁹⁹	Captain Morgan 15 ⁹⁹ - 3 ⁰⁰ MIR 1.75 Liter \$12⁹⁹	Rolling Rock 2-12 pk. bottles \$13⁹⁹
Gordon's Gin 1.75 Liter \$12⁹⁹	Absolut 1.75 Liter \$20⁹⁹	Cruzan Rum 1.75 Liter \$12⁹⁹
Smirnoff 1.75 Liter \$13⁹⁹	Sebastiani Country Wines Red, White & White Zinfandel 1.5 Liter \$6⁹⁹	Gallo White Zinfandel 750 ml 3 for \$10⁰⁰
Bud Reg & Light 2-12 pk bottles \$13⁹⁹	Molson Golden & LaBatts Ice 2-12 pk. cans \$13⁹⁹	George DuBoeuf Red & White 750 ml \$3⁹⁹
Cluny Scotch 1.75 Liter \$13⁹⁹	Heineken 12 oz bottles \$18⁹⁹	Glen Ellen White Zinfandel 750 ml \$3⁹⁹

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NESMITH Designer Showhouse

Tickets available at Middlesex Community College campuses: The Coffee Mill, Lowell; Country Curtains, Beverly; Ethan Allen Furniture (Burlington, Natick, Norwood); JCCNS, Marnehead. >>> The Lowell Gallery, The Sheraton Inn, Lowell; Talbots (Acton, Burlington, Marblehead, Bedford NH); Today's Home, Middleton; and The Welles Emporium Ltd, Lowell.

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BUSINESS NEWS

ABOUT ARLINGTON PEOPLE



Hunter wins award in professional program

Robert Hunter of Arlington was recently awarded a certificate of professional achievement in Local Area Networking from Northeastern's Center for Continuing Education State-of-the-Art program. Hunter successfully completed the intensive two year program, and is one of 168 students who received professional development certificates on June 20, at the Henderson House in Weston. Each certificate recipient completed six intensive courses requiring two hours of class time after work each week, and a grade of B- or better.

Northeastern University's Center for Continuing Education offers 30 years of experience in individual and corporate development by industry experts for working professionals. The center's programs of study include environmental and regulatory management, engineering, science and information technology, insurance and financial services, and paralegal and pre-law studies. Program formats at 10 satellite campuses include evening courses, certificate programs, seminars, satellite-based services and corporate on-site training programs.

For more information call 320-8000, Ext. 8052.

Support Center receives grant

Arlington resident Joanne

Sunshower received, on behalf of the Support Center of Massachusetts, a \$2,500 Community Action Recognition Grant in June from The New England, a Boston-based insurance and investment company. Sunshower, who is executive director of the Support Center, stated that the grant was given in recognition of the Support Center's extensive use of training programs and volunteer professionals to help nonprofit organizations develop skills in areas such as board development and volunteer management.

In an effort to recognize and encourage employees who volunteer their personal time and effort with nonprofit organizations, The New England has created a Community Action Recognition Grant Program to give financial support to the organizations where its employees are donating their time. The Support Center was chosen to be a grant recipient because of the critical role it plays in supporting the efforts of non profits throughout the region. "We are very pleased to have been recognized by The New England for the work we are doing, and especially for The New England's continued commitment to improving the health of the nonprofit sector," said Sunshower.

As new demands for social services, education reform, environmental cleanup, health care, economic development and countless others continue to fuel the growth of the nonprofit sector (there are more than 1 million nonprofit organizations in the U.S. and more than 30,000 in Massachusetts alone), a large demand for management training and consulting services has been created. The Support Center is meeting this demand by providing affordable management and leadership development services.

The Support Center of Massachusetts is part of the nation's leading non-



Kathryn Benjamin (left) and Joanne Sunshower of the Support Center of Massachusetts were presented with a community action grant from The New England, a Boston-based financial company.

profit assistance network — The Support Centers of America — whose programs annually reach more than 28,000

nonprofit executives, board members, staff and volunteers. Last year, the

Support Center of Massachusetts served 1,700 people in more than 600 non profits throughout the New England region through its consulting, training and accounting assistance programs.

REAL ESTATE TRANSFERS

ARLINGTON

9 Colonial Village Dr. \$57,500, 06/29/94, 14 School St Corp To Elizabeth Severance.

68 Grafton St. \$250,000, 06/27/94, Francis O'Callaghan To Laurence M. McLucas.

6 Hawthorne Ave. \$235,000, 06/29/94, Kenneth Joel To Michael J. Gallaher.

37 Ottawa Rd. \$218,200, 06/27/94, Gary R. Stratton To Jordan B. Peterson. 216 Park Ave. \$202,000, 06/29/94, Susan L. Cowan To Shane G. Grady. 22 Russell St. \$186,300, 06/27/94, James J. Nicoloro To Dario Fiorentini. 1 School St. \$144,900, 06/29/94, Raymond C. Childs To Christopher Reiche.

BELMONT

79 Alexander Ave. \$250,000, 06/27/94, Kathleen McQuaid To M. Peter Guthrie. 80 Clark St. \$445,000, 06/29/94, William Bloomstein To Valerie C. Epps.

Haynes appointed top editor of Harte-Hanks weeklies

Asa Cole, publisher of Harte-Hanks Community Newspapers, has announced the promotion of Andrea Haynes to the newly created post of editor-in-chief of the company's Waltham-based newspapers.

Haynes, a Framingham resident, began her career at Harte-Hanks as Wayland reporter for the Town Crier newspapers more than 15 years ago. Before joining the Criers, Haynes worked as a reporter at the Worcester Telegram & Gazette.

She assumed additional responsibilities over the years, and was most recently managing editor of the Waltham-based group of daily and weekly papers. She is also a member of the company's senior management group.

As editor-in-chief, she will direct the operations of 12 publications, the Waltham News Tribune and Dedham Daily Transcript, which are daily newspapers, and 10 weeklies; the Arlington Advocate, Belmont Citizen-Herald, Needham Chronicle, Newton Graphic, Parkway/West Roxbury Transcript, Sudbury Town Crier, Watertown Sun, Wayland/Weston Town Crier, Wellesley Townsman and Winchester Star.

Harte-Hanks Community Newspa-



Andrea Haynes

pers also includes the Middlesex News.

In other personnel changes, Neil Swidey, former managing editor at the Wellesley Townsman, was named editor, a position Haynes held. And Lee Ann Jacob, assistant editor of the Town Criers, becomes editor.

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The Arlington Advocate

Harte-Hanks Community Newspapers

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This summer we're offering three different ways to take advantage of great savings at the Ashworth By The Sea. Choose from the **Escape To The Sea Summer Package** (selected weekdays), the **Summer Saver Plan** (three nights or more starting on Sunday) and the **Weekly Rate** (Stay seven nights or more, get one night free and kids are free!)

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HEALTH

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FAMILY ISSUES

DR. EVA BALAZS



Let me invite you in on a candid conversation. It took place one evening at a friend's home. Six of us women, ages 60 to 70, were discussing the topic of aging. How is it to get old? Is it all that bad? What's good about it, if anything at all? The most positive outlook came from the oldest one of us.

"At 70," she said, "I can say things I never could say as a young woman. I can tell a man he's good looking, charming and interesting without being afraid he'll think I'm making a pass. I can compliment a woman wholeheartedly because there is no thought of competition. And I can reprimand young people for rudeness and bad behavior and get away with it. I like being old as long as I can function as if I were 25 years younger."

Another one said, "On Friday and Saturday nights you see people waiting in line in front of those trendy places in town, nightclubs and bars, and realize that a chasm of years separates you from them. But you don't want to be a beer drinking boozier, talking in 130 decibel noise for three hours... about what? The idea itself makes you shudder. Life is really delicious now. Good food, good conversation, good books, good friends. Life NOW is more satisfying."

A third made a comment that I found especially interesting. She said, "You know something? Older 'single girls' do very well at parties. We have experience, we look well, we great friends then go shamelessly guest-hopping, not getting stuck with the nerds. We are very comfortable with men, even without one of our own. We can be charming, gracious, amusing, making a much bigger impression on a man by listening than by talking. 'Old pros' putting younger women right out of the race with our large party expertise!" That's true! It's not unusual that I find myself next to the best looking or most interesting young man of the gathering, who pulls up a chair and says, "Let me tell you something..." And we joke and laugh, and I have a swell time and ap-

parently he does too.

Of course, you have to be a good listener. That we know. But you also have to ask the right questions. Questions that allow your partner to talk about what he enjoys talking about and allow you to find out about things that you didn't know before. That's your reward.

The group then went on discussing the rules of successful aging. We decided that the number one rule ought to be: *don't be a bore*. Try, with all your might, not to bore people. Yes, the temptation is always great to talk about your last bout of arthritis or your view of your daughter's child-rearing practices — but don't. Resist the temptation. Nobody can possibly be interested in these topics and the next thing you know, you stand alone at a party (and at home as well). Our unanimous verdict was, "Avoid being a bore."

What do you think, dear Reader? How do these ideas strike you? Any comment? Advice? I would love to hear from you. It's always nice to get your notes.

By the way, many thanks for the inventive and very helpful tips concerning Ed and Julie's marital problems. You might be interested in knowing that they are working now on the solution suggested by one of you, a person who signed his/her letter as "L." The advice was to make a list of all the things that have to be done around the house and with the kids. Then each spouse chooses one thing and says, "I'll do this." When they have divided up all the chores, both of them will know how much he has to do and how much she has to do. Each will have to pick some things he/she likes to do and some things he/she doesn't, and each will realize that the other is also doing some unpleasant assignments because they need to be done.

Great idea! Thank you so very much.

(Dr. Eva Balazs, a licensed family therapist in Arlington, will respond to readers' comments or questions addressed to her c/o The Advocate, 5 Water Street, Arlington, MA 02174.)

HEALTH NOTES



Visiting Nurses offer blood pressure screening

Visiting Nurse and Community Health will be sponsoring a free blood pressure screening clinic on Monday, Aug. 1, from 10 a.m. till noon at Walgreen's Pharmacy, 324 Mass. Ave., Arlington.

For more information call Kathleen Weaver at 643-6090.

Visiting Nurse and Community Health, located at 87 Pleasant St., Arlington, is a nonprofit agency. All insurance programs are accepted and private duty services are available.

Alzheimer's support group to meet Aug. 9

An Alzheimer's Support Group for family and friends who have a loved one with Alzheimer's disease or a related disorder meets at St. Eulalia's Church, 50 Ridge St., Winchester in the garage room at the church. The group meets next on Aug. 9, at 7:15 to 8:45 p.m. Meeting days will resume to second and fourth Tuesdays in September.

The facilitators for the group are Roberta Doyle, 938-6844, and Valerie Gramolini (508)897-7455.

Weekend workshops for overeaters, dieters

"Feeding Ourselves," a program for compulsive overeaters, chronic dieters and individuals suffering from bulimia, will be offering weekend workshops in Arlington this summer. Workshops will take place the weekend of Aug. 5. Workshops are conducted by therapists trained in the treatment of compulsive eating behaviors. Advance registration is required. Twelve-week workshops will be offered in the fall in the Waltham/Weston area as well as in Concord and Arlington. For more information call Pat Nelson at 661-3727.

An alternative to diet programs, "Feeding Ourselves" workshops offer a comprehensive approach that combines psychological awareness with behavioral techniques for establishing a positive relationship to food.

Stroke survivors group meets monthly

The Young Stroke Survivors Support Group meets on the first Tuesday of every month at the New England Rehabilitation Hospital in Woburn at 6:30 p.m. in the New England Room. This group provides an opportunity for members to share their post-stroke experiences, frustrations and achievements, as well as providing a forum for continuing stroke education. Most members are pre-retirement age and want to remain active community members. New members are welcome. The next meeting will be Tuesday, Aug. 2. For more information call 965-5050, Ext. 1589.

Childbirth classes at Winchester Hospital

Winchester Hospital offers a variety of educational programs on childbearing for parents-to-be. Classes are offered in Winchester, Woburn, Reading, Burlington and Wilmington.

For people with a hectic lifestyle, Winchester Hospital offers a one-day childbirth program. This program teaches the breathing techniques necessary for birth. Topics will include the phases of labor, various roles of the coach, anesthesia and medications, relaxation techniques and coping mechanisms.

Winchester Hospital also offers a traditional six-week childbirth education series. In addition to learning breathing techniques and the phases of labor, parents will gain knowledge about routine hospital procedures and learn how to choose a pediatrician.

For more information call Winchester Hospital's Education Department at 756-2220.

Nurses aide training at Winchester

There is a strong need for certified nurses aides and Winchester Hospital is offering a 75-hour nurses aide training course. This course meets all qualifications to take the state exam to become a certified nurses aide and a stepping stone to becoming a home health aide.

For information and registration call Winchester Hospital's Community Health Institute at 756-2220.

Volunteers needed to fight cancer

The American Cancer Society is seeking volunteer drivers who would like to participate in its Road to Recovery Program. Many cancer patients have daily radiation or chemotherapy treatments and their friends and family members may not be able to provide transportation for them.

Volunteer drivers give anywhere from one hour a month to three or four days a week, as their schedule allows. For more information call 643-3010.

Cambridge VNA offers asthma program

The Cambridge Visiting Nurses Association recently opened a pediatric asthma home management program designed to help youngsters and their families control asthma — one of the most prevalent childhood diseases in the U.S. today. The asthma program is designed to reduce more expensive emergency room visits and hospitalizations, while working with the child and family at home under the direction of the child's physician. Key to the program is concentrated home teaching, which is tailored to individual situations, enabling youngsters to easily identify their asthma "triggers," or environmental causes of asthma attacks. Patients also discover ways to pinpoint early warning signs of impending attacks through the program and learn ways to manage their symptoms early. The VNA also coordinates the delivery of any needed medical equipment and pharmaceuticals to the patient's home, in accordance with the physician's orders.

"Asthma can't be cured, but it can be controlled," said Barbara Weston, M.S.N., R.N., the pediatric asthma program manager. "Children with asthma pay a high price in terms of sick days, hospitalizations and limited activities," she said. "Missed school days average 23 percent of all school absences due to asthma, and that is a high price in terms of the development of our future citizens and the disruption of families' lives."

"We're aiming at preventing recurring asthma attacks, which not only undermine a child's health, but can cause a youngster to lose confidence and reduce their normal childhood activities," Weston said.

According to Weston, asthma is now the most common chronic disease of childhood, striking 6 percent of all children under the age of 18, accounting for over \$6 billion spent in 1990. She also said that there was a 29 percent increase in pediatric asthma patients between 1980 and 1987 and a 43 percent increase in children who are hospitalized for their asthma during the same period.

Established in 1904, the Cambridge VNA serves residents of the Metro West communities of Allston, Arlington, Belmont, Brighton, Cambridge, Medford, Somerville, Lexington, Waltham, Watertown, Winchester and Woburn. The Cambridge VNA is affiliated with Hospice of Cambridge and Cambridge Care, a non-profit private duty nursing company.

Winchester Hospital offers CPR recertification

The American Heart Association CPR Certificate is valid for only one year. Winchester Hospital is now offering a CPR recertification course which will help participants keep their CPR skills up to date.

Winchester Hospital will offer CPR recertification from 6 to 10 p.m. on Aug. 9 at the Reading Health Center.

For price information and to register, call Winchester Hospital's Education Department at (617)756-2220.



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The Arlington Advocate

COMMENT

The Birthplace of "Uncle Sam"

Samuel Wilson

Editorial

Stuck in the muddle

Hill's Pond has become Hill's puddle as work has stalled at the once-scenic area in Menotomy Rocks Park. Activists who are following the project expressed dismay this week that it appears the slow-moving project may drag on through the summer and still remain uncompleted by fall.

The Board of Selectmen has requested that the town manager provide an update on the project at its August 15 meeting.

According to the Menotomy Rocks Park citizens advisory committee the delay has been caused by a number of necessary changes in the project, including the scrapping of the notorious "vegetative swale" that threatened to replace what used to be a pleasant sunny embankment near the pond. The design changes in the project have to be approved by the state Dept. of Environmental Protection. The committee reports that the necessary permits may not be granted until November. In which case the work may not be completed before the winter.

Meanwhile, the advisory committee has a technical group helping to plan the re-grading of the part of the park where all the muck from the pond ended up.

When it's all said and done, the dredging project will end up costing the town more than originally estimated, partly because the project started out in one direction and then changed course — largely because of pressure from citizen activists. In the end, of course, it's better to do the job right, which means in this case designing proper drainage systems which will keep the pond from filling up again with weeds and sediment.

But the moral of the story is that early citizen involvement would have been better. Keep an eye on those quiet little government projects that are launched by experts. Sometimes they could benefit from a little neighborhood know-how.

A note from the editor

As close readers of our back pages know, I have decided to step down as editor of the Advocate. Harte-Hanks Community Newspapers is currently seeking a new editor to start work here on Water Street at the end of the summer. (See ad, page 13B.)

I have enjoyed my time in the editor's chair. This is a good town for community journalism and I hope the Advocate in the last year and a half has reflected my respect for the newspaper's tradition of being a constructive presence in Arlington.

I have come to the decision that my career is in need of a new turn. I will, naturally, have more to say about all this in a closing column. But in the meantime I will be working to help prepare the newspaper for a smooth transition.

—DAVE DENISON

Cartoonist sought for editorial page

The Advocate is seeking a cartoonist with an eye for the humor to be found in local politics, government, and life in general.

Aspiring and accomplished cartoonists are encouraged to contact the Advocate and/or to send examples of their work. The newspaper is open to occasional or regular submissions of cartoons for use on the editorial page. Contact Dave Denison, editor, The Arlington Advocate, 5 Water St., Arlington, Mass. 02174. (617) 643-7900.

WRITE THE ADVOCATE

Please send your letters to the editor (typewritten if possible) to: Letters, The Advocate, 5 Water Street, Arlington, MA 02174.

The deadline is Friday at 3:00 p.m. for the following week's issue. (The same deadline applies to all press releases and announcements submitted to the Advocate for publication.) Because of space limitations, not all letters that arrive by deadline are guaranteed to be printed in the next immediate issue.

We ask that letters to the editor be signed with name, phone number, and address, though on rare occasions we will consider withholding the writer's name by request if we are given a compelling reason. Because we cannot verify unsigned letters, and because we are dedicated to open debate, we do not print anonymous letters.

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Guest Column

An old house is a testament to Experience

By Terry Marotta
COLUMNIST

The other day I came across some notes I'd scrawled on an old yellow pad back in 1989.

"For the last 10 years, in an upstairs room under the window," I had written, "I've been looking at a water stain shaped like Australia."

"I look at it knowing that with every fresh rainfall it may grow, extending fresh provinces and coastlines of destruction across the walls. But such is life in an old house. For our houses are like our bodies, growing ever older, bearing the scars of our various misadventures."

It's strange to find a message like this from one's past, even stranger to come upon an old issue of a magazine from that same year and see a similar theme echoed there.

In one of its articles, supermodel Lauren Hutton, then 45, was asked if she would consider having a facelift. "We must start to honor the battle," she told the reporter. "That's what life is and it shows on our faces. Plastic surgery is a way of saying you don't believe in experience anymore."

Our house sure honors the battle, boy. A world of facelifts couldn't keep all the Experience it has had from

seeping through.

We are 15 years here. Fifteen years ago we walked into the front hall and fell in love. It may have been the graceful curve of the bannister in the second floor hall.

Back then we took one of its old-lady bedrooms and did it over for a toddler in jungle wallpaper, with cross-eyed monkeys and bright toucans and sober staring zebras, all tucked among greens as lush as Eden's. During the eternities of Naptime, that child slept, and played and, even, as we found a decade later, got down under the bed to record her young thoughts in crooked pencilings on the wood slats supporting the box spring.

The little room down the hall we did over in a teddy bear paper for a baby that would move in very soon.

But both those papers are long gone now. The teddies gave way first to a girlish pink-and-pearl-grey theme, and then to a paper with a repeating pattern in which Wile E. Coyote parachutes sadly to earth after his latest failed attempt on the life of the Road-runner, who zooms around the baseboard in a snappy roadster.

The jungle creatures, in the meantime, gave way to a fresh paper of pale peaches and blues, jointly chosen by parent and child, but gradually cov-

Our house honors the battle. A world of facelifts couldn't keep all the Experience from seeping through.

ered over by a pastiche of pictures, as many-layered as the best baklava: of Jimi Hendrix and Edgar Allen Poe; of Sinead O'Connor and the real Alice for whom Lewis Carroll spun his famous tales.

And all that is just cosmetics. Plenty else has happened here too, including two falls down the stairs, one resulting in a kind of unicorn's horn on the forehead and one in a severed artery; a gradual loosening of that pretty bannister due to much use by would-be ballerinas; and the sudden deluge of Niagaras of water through the kitchen

light when persons who shall remain nameless turned on the bath taps and wandered off to write a column.

We took a kitchen designed by a low-vision 19th century sadist who despised cooks and turned it, back in '87,

into a bright clean bubble of air and light. We've had mice infestations and bat visits. Somebody died here, and somebody did a spectacular inadvertent dive backward off the front porch and into the bushes. We've even been hit by a lightning bolt that in one blue instant took out every electronic appliance in the place. (It was amazing. It was like the Rapture.)

No, you don't have to sit still long in this life for things to begin happening to you. It seems to me that a great deal has happened both to us and to this house in our time here.

The water stain shaped like Australia is a memory now. Some gutter repair and a judicious patch job on the wallpaper took care of that. I actually sort of miss it.

Luckily, though, the ceiling of that bright clean bubble of air and light has started to come slowly down in fat curling flakes.

More samples of "experience." Lauren Hutton would call these. So we gently pluck them from our cornflakes, and shake our heads, and smile.

(Terry Marotta's column is a regular feature of Harte-Hanks Community Newspapers.)

Letters to the Editor

Linking State House to the Internet

To the editor:

The article "Massachusetts State House is in the Information Dark Ages," by Laura Gaccione (July 7 Advocate) quotes a legislative aide as saying that to his knowledge Senator Barrett was the only person in the State House that is receiving electronic mail. Representative Ann Paulsen also has access to The Internet. She, with other representatives, is participating in a pilot project run by volunteers from the Boston Chapter of Computer Professionals for Social Responsibility (CPSR) to introduce members of the State House to the resources of The Internet.

We at CPSR, with the assistance of MIT and the State House Library, have provided these representatives with information about the resources of The Internet, access to computer accounts, and assistance using the accounts. Our goals with this small scale project are to provide legislators with firsthand experience with issues surrounding the "Information Superhighway," to give constituents access to their representatives by electronic mail (complementing the current means of communication: FAX, phone, and letter) and, to provide legislative staff with access to information available on The Internet.

Rep. Paulsen's office has found a number of useful sources of information on The Internet; she has also made her electronic mail address available to constituents (The address is apaulsen@mit.edu).

While the best solution will be for the State House to develop an infrastructure for use of The Internet, pilot projects such as this provide representatives with concrete experience about the benefits and issues of the "Information Age."

Stephen P. Berczuk
CPSR — Boston Chapter

The subtleties of racism

To the editor:

Whether intentional or not, the Advocate has engaged in a form of racism that is all too prevalent in our society — a form that is so subtle that it often plays a much bigger role in perpetuating racial stereotypes than its more blatant counterparts.

I am referring to the police log printed in the July 21 issue. Here are some excerpts from the arrests column.

1. "... police arrested a 20-year-old Lowell man on an outstanding warrant."
2. "... police arrested a 35-year-old Mass. Ave. man."
3. "... a 14-year-old girl was arrested by police."
4. "... police arrested a 52-year-old Newport Street man."
5. "at 7:30 p.m. on Tuesday, July 12, a black male teen-ager allegedly assaulted."

The Advocate is quick to point out that the youth in excerpt number five is black, but makes no mention of the races of the other four, presumably because they are white.

This creates at least two problems.

First, it tells us that whenever we read something that says "man" or "woman" it refers to only whites and does not encompass the broad spectrum of races that comprises our society, because if it meant anything else it would have been written as "black man" or "Asian woman." The very core of racism that evokes disturbing memories of lunch counters, bus seats, fire hoses and attack dogs rears its ugly head when these types of articles are printed. We tell members of all races that they are afforded the same rights and dignities as whites but then we

don't even include them in the most basic description of humankind. We characterize them as something different from us. Black youths are told "You're not a 'boy' or a 'girl' like everybody else, you're a 'black boy' or a 'black girl.'" In essence we make a point of telling them that they are different and, by implication, something less than the rest of us.

Second, to point out that the perpetrator of a particular act is black, is to imply that there is some causal link between his or her blackness and the act that was committed. No time was taken to point out that it was a white 35-year-old Mass. Ave. man that was charged with a litany of offenses, or that it was a white 52-year-old Newport Street man whose assault on a female victim so frightened her that she had to apply for issuance of a restraining order against him.

Until we can all confront the subtleties of racism, and reject them when we encounter them, we will continue to be a society of hypocrites preaching equal rights but practicing discrimination.

I urge the Advocate, as a respected source of information upon which thousands rely, to do its part in battling the latent racism that pervades too much of our social discourse.

In closing, I would also note that the incident in which the teen-age boy allegedly threw a rock at a car, was listed under the arrests section of the police log when, in fact, the article made no mention of an arrest.

Joe Tully
Chandler Street

(Editor's note: Several readers called last week's racial references in the police log to our attention. The policy of Harte-Hanks Community Newspapers, including the Advocate, is to use racial descriptions only when absolutely necessary, such as when po-

lice issue a description of a suspect at large. In last week's police log, racial descriptions were used only in cases in which the perpetrator had not been found. However, our normal policy in police log reporting is to omit racial descriptions.)

Arlington in literature

To the editor:

I recently attended a book-signing reception at Hellenic College for my cousin Helen Douropoulos Dracos, who is a 1929 graduate of Arlington High School, where she was the first woman editor-in-chief of the high school newspaper "The Clarion."

Her book "The House on Palmer Street" is a well-researched history/biography that takes the reader back to the era when Arlington was a more homogenous, rural community. It is a vivid account of the life of one of the first Greek Orthodox priests in the United States, the Rev. Constantine Douropoulos, his wife Alexandra and their children, Helen, or Ellie as she was called, is the youngest and sole survivor of this remarkable family and obviously a woman ahead of her time.

As I read this book, I thought it might be of interest to Arlingtonians, including readers of the Advocate.

Helen now resides in Brookline after moving from Darien, Conn., with her late husband Harry.

Mary S. Kokaras
Venner Road

Family thanks town

To the editor:

We would like to take this opportunity to thank everyone for their kindness

LETTERS, See page 11A.